

Case Scenario: A 21 y. o. competitive swimmer presents c/o bilateral shoulder fatigue that's been gradually progressing by occurring earlier during workouts and competition. Denies previous hx of trauma or pathology to either shoulder, observation WNL aside from typical upper quarter posture (moderate kyphosis and protracted shoulders) associated with chronic swimming activity. Palpation negative for deformity, or pain.

Generic Nature of Case: Chronic overuse, bilateral shoulder dysfunction

Possible Diagnoses (Hypotheses)	Hx/Observation (Key S/S)	Key Contributing Factors	Significant Physical Exam Results	Other Info Needed to Make Dx

List the most likely diagnoses, in order, and then justify/reason why by listing and explaining both the key features that support your decisions, AND those features that don't fit:

1. _____
Reasoning:
- 2: _____
Reasoning:
3. _____
Reasoning: